

# PITCHING WITHOUT LIMITATIONS

HIGH-EFFICIENCY PITCHING TRAINING FOR SERIOUS YOUNG PITCHERS

## WHAT WILL BE COVERED?

- ✓ How to Position the Body to Create & Absorb Pitching Forces
- ✓ How to Throw Various Pitches with Movement and Precision
- ✓ How to Prepare to Safely Throw Every Day Without Fatigue

## PROGRAM DESCRIPTION

### EVO YOUTH PITCHING SERIES

Discover another level beyond pitching lessons with 10 sessions of pitching instruction powered by EVO UltraFit high-efficiency neurological training!

In this program, young pitchers will have an opportunity to work directly with an EVO professional instructor while learning how to consistently throw with velocity, precision, and movement without sacrificing health.

## WHO IS THIS FOR?

EVO Youth Pitching is not for everyone. We only enroll serious baseball players (ages 10+) aspiring to be the best they can be, who are willing to work hard to maximize performance and achieve a high quality of life.

## WHAT IS THE COST?

### \$500 PAID IN ADVANCE

Includes (10) 60 Minute Training Sessions  
Sessions By Appointment Only

Enroll Online: [www.evotrow.com](http://www.evotrow.com)



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